



Welcome to EH10

EH10 is a new publication for south Edinburgh serving Morningside, Bruntsfield, Merchiston and Marchmont. It has been created for everyone living, working, studying, socialising or shopping in the EH10 area and environs.

Every month the publication will feature interviews and reviews of local businesses as well as articles on food and drink, health and fitness, arts, interiors, technology, property, travel and special deals being offered by local businesses.

EH10 is available free in delis, cafes, bars, food outlets, shops, universities and businesses throughout the area and is supported by the website www.eh10.co.uk: an online presence that expands on the news, services and opportunities covered by the EH10 newsletter.

If you have any comments, would like to advertise, have ideas for articles and would like to contribute, or simply would like to be listed on the website then please email us at info@eh10.co.uk.

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Are You Being Served?

Is service with a smile an outdated notion? Iain Nelson takes a look at the thorny issue of customer service.

All business is about customers. Some people work at the sharp end of business and deal with customers on a minute-to-minute basis. Others work further down the supply chain and have possibly never met one of their company's customers in their life. But it doesn't matter where people are in the chain; there should be an equal understanding of the customers' needs and expectations of service. Everyone contributes and everyone can lose you business.

There are many books and articles written about customer service or 'customer intimacy' as one major oil company describes it. They all include worthwhile ideas and suggestions but are frequently written with a pseudo-academic bias which can be inappropriate for such a practical subject. However, help is at hand. I recently had the good fortune to attend a presentation by Ron Kaufman a Singapore-based, customer-focused sales guru.

Kaufman spells out in very clear language and illustrations his secrets of Superior Service. The latter is presented in the form of a stairway that takes you to Superior Service.

The bottom rung is Criminal Service. It is the person who says "I'll call you back this afternoon" and never bothers.

The next step up the ladder is Basic Service. It is the newspaper delivered wet or the fitness club with too few shower rooms.

The third rung is Expected Service. The museum with artefacts but no engaging narrative or the website that welcomes your order but only if you live in the USA.

Now we move up to the Desired level of Service. The taxi driver who gets out of his cab and helps you with your luggage or the sales staff trained to advise you on colour and separate combinations without overselling.

The fifth level of service is Surprising Service or Wow! The taxi driver who asks you what music you would like or can give you an interesting tour of the city while not taking the longest route to your destination.

The ultimate level of service in Kaufman's stairway is Unbelievable Service. The taxi driver is truly enthusiastic. His spotless vehicle has a pleasant fragrance, a wide

The bottom rung is Criminal Service. It is the person who says "I'll call you back this afternoon" and never bothers.

assortment of music for you to choose from, today's newspapers on the back seat and he gets out and carries your bags to your front door. He then hands you a business card with his telephone number and a photograph and a personalised message on the back thanking you for being his customer.

Intrigued? Then visit Kaufman's website www.ronkaufman.com for more information or buy his book entitled *Up Your Service*.

Iain Nelson is a freelance management consultant based in south Edinburgh. For more details email: info@iainnelson.com

Health Initiative

Over-the-counter self-screening tests are readily available at your local pharmacy. MSP Mike Pringle explains how early screening can prevent disease and save the NHS time and money.

Last year I was diagnosed with diabetes after going for a screening test at a pharmacy in South Edinburgh. This early warning has allowed me to control the condition without pills and since then I have now lost a stone and am feeling healthier than ever. Last week, to continue my commitment to illness prevention before treatment is needed, I went to have my cholesterol checked at the Boots pharmacy in Cameron Toll.

These sorts of early screening tests save the NHS millions every year by preventing disease before it happens. They are quick and easy to undertake

(no appointment is required) and give advance warning of illnesses as they develop. All it involved was a slight prick on my finger and a small machine calculated my cholesterol from a tiny amount of blood. Fortunately, this time I was well below the danger level, which the pharmacist attributed to the better lifestyle I have tried to adopt since first discovering that I had diabetes.

I would encourage everyone to go for a check up. These days, high cholesterol can be treated by over-the-counter medicines and can help to prevent heart disease and even premature death – all from a ten-minute visit to your local pharmacy. It is well worth it. These tests are available at many pharmacies in the EH10 area and I would encourage as many people as possible to check them out.

Many of you will have seen the

First Minister outlining the new bills that will be brought forward this year. One omission was, however, a plastic

High cholesterol can be treated by over-the-counter medicines and can help to prevent heart disease and even premature death.

bag levy – a proposition I have made in Parliament to reduce the plastic bag usage in the city. I am committed to introducing this topic again in the forthcoming session. Of course, we can all do our bit now by reusing bags, where possible, and buying long-life bags at supermarkets.

Mike Pringle, MSP for Edinburgh South can be contacted by emailing: Mike.Pringle.msp@scottish.parliament.uk

Something for the weekend?



The Highlands and Islands series of mountain walking guides by Nick Williams, priced £5.99 each, are available from all good outdoors retailers and bookshops. Don't leave home without one.

Shortlisted for **British Book Design Award 2004** and
the **VisitScotland Thistle Award for Travel Journalism**

'The second we saw these books, we realised the world needed them.
Certain things are like that; you wonder how you ever survived without them.' Trail

'These are wee books of substance, full of a heartfelt love of the hills.' TGO

www.pocketmountains.com

Put a Mountain in your Pocket

After completing six walking guides to the Highlands and Islands of Scotland, walking enthusiast and author Nick Williams has taken to the hills once more.

There are few people who can claim to have made a career out of their first love, but Edinburgh-based author Nick Williams has done just that with his six-title Highlands and Islands series of walking guides.

After being asked by the publishers, Pocket Mountains, to compile the routes for a radically different, design-led series of walking guides, Nick set out on a tour that took him to some of Scotland's wildest and remotest areas.

Over two years, Nick spent 300 days in the hills, sleeping under the stars when it was warm enough and in his car or hostels in winter, in order to devise some of the most varied, challenging and innovative routes that are likely to be found in any guide to the Scottish hills.

Each of the six books – *The Cairngorms*, *Southern Highlands*, *Northern Highlands*, *West Highlands*, *Central Highlands* and *The Islands* – contains 40 circular routes, covering not

only the Munros of each area but also many smaller, less visited hills.

The massively inspirational photographs that have become a trademark of Pocket Mountains books are all Nick's work and if they, together with the sensuous design, the beautiful pared down writing and the ingenious pocket-sized format don't inspire you into the hills, then nothing will.

Every walk is put together with the care and imagination that only someone with an immense love and intimate knowledge of the hills can achieve, and the circular routes are designed to incorporate the forests and lochs and other features of the natural landscape that some walkers might overlook in the rush to get to the top.

The Pocket Mountains Highlands and Islands series has recently been shortlisted for a Scottish Thistle Award in the Travel Journalism category and a British Book Design Award in the Brand Identity category, and the series has won accolades from the UK travel and outdoors press and from walkers and mountaineers all over the world. Pocket Mountains are likely to find them-

selves at the top of more than a few wish lists this Christmas.

For Nick, it doesn't stop there, though. He has spent the summer and autumn walking the Pentland,

Every walk is put together with the care and imagination that only someone with an immense love and intimate knowledge of the hills can achieve.

Border, Galloway and Cheviot hills, putting the finishing touches to his routes for *Southern Uplands*, which is due to be published by Pocket Mountains, along with his new guide to *The Lakes*, in March 2005.

Pocket Mountains walking guides are available at all good outdoor and bookstores, priced £5.99 each. You can also order direct from the publishers on 01506 500 404 or online at www.pocketmountains.com. Nick Williams' two new titles – *Southern Uplands* and *The Lakes* – will be available from Pocket Mountains in March 2005.

Edinburgh Mountain Film Festival 2004

Simon Yates, star of *Touching The Void*, leads the line up of top speakers at the second Edinburgh Mountain Film Festival (EMFF), which runs from 8-10 October.

With five guest lecturers, over twenty fast-paced films and exhibitions of photography, mountain art and poetry, there is something for everyone. There is even the 'Bothy Bar' where you can enjoy a drink and plan some exciting adventures with your pals. Festival director Stevie Christie said, "The festival is about much more than just climbing mountains. It is a celebration of mountain-

eering, skiing and snowboarding, kayaking, canoeing and other moun-

Some of the action is real jaw-dropping stuff while the guest speakers all have fascinating stories to tell.

tain and adventure sports. I'm really pleased that local filmmakers have got in on the act and will have the opportunity to see their film on the big screen. Some of the action is real jaw-dropping stuff while the guest

speakers all have fascinating stories to tell and will be a real highlight of the weekend."

The festival, which is staged in association with Tiso and Glenmore Lodge, will be held at the George Square Lecture Theatre at Edinburgh University, which is a great venue with a cinema-size screen that really brings the films to life. Tickets and free programmes are available now from branches of Tiso and the Alien Rock climbing centres.

For more information go to www.edinburghmountainff.com.

Saturday Night, Sunday Morning

Forget the crowds on Rose Street and Lothian Road this Saturday night – you can have a better time socialising locally and save yourself a hefty taxi fare in the process. Try Calum Gordon's guide to the drinking spots between Tollcross and Morningside.

Bennets

Deceptively large, Bennets is a bar in two halves. The main bar is accessed through a stunning stained-glass frontage on Leven Street and once inside, there is a painted hallway leading to the Green Room – a backroom bar catering to lunch and evening diners with an entrance to Valleyfield Street.

The main appeal of Bennets is the airy main bar with its original oak floors and beautiful Victorian fixtures. The bar is lined with low, cutaway booths backed by mirrors facing the long wooden main bar. The far wall houses an original fireplace with a period-etched mirror above.

Food and drink are acceptably priced. There's a good selection of bar meals with stovies (£3.45), soup (£1.45), burgers (around £4) and main courses (around £5) being served as well as a children's menu and coffee, beer and wine. Bennets may not specialise in real ale but offers real atmosphere in return. With an extensive selection of malts lining the impressive ceiling-high carved shelves behind the bar and its beautifully intact Victorian interior Bennets is definitely worth a visit.

The Auld Toll

Located between The Kings Theatre and The King's Bar, The Auld Toll is an authentic Edinburgh pub that retains its period charm while giving its varied customers (locals, tourists and students) just what they want.

Stepping into the 'Toll you are offered two choices: the main bar on the left or the slightly more genteel lounge bar to the right. The latter contains intimate old-style semi-circular booths favoured by the regu-

lars and quieter clientele, with the main bar remaining the haunt of standing drinkers and talkative bar-proppers.

The bar splits the Auld Toll in two but lies open to a third large back room where there is often live music – ranging from traditional Scots and Irish folk music to sponsored events such as the recent Tennents Jazz Saturday Night.

Apart from the festival, the Auld Toll remains relatively quiet mid-week and you can usually get a seat on a Saturday night if you're not too late. With its natural atmosphere and charm, the Auld Toll is always welcoming to passing custom.

The Belfry

Nestled beside the Barclay Church on the edge of The Meadows, The Belfry is a relative newcomer, and a bit of an innovator, for eating and drinking in the area.

It's a small place that uses its space to great effect. The decor is modern and more tastefully presented than most, with a front bar area split between non-smoking sofas and a comfortable smoking lounge, replete with a marvellously extravagant bat-shaped sofa. The central bar area has dimmed lighting and access to a compact but tranquil rear patio. A raised section at the back provides more intimate booths and tables for drinking and eating.

The ambience is relaxed and the Belfry is a good spot to enjoy a glass of wine, with offerings from Wolf Blass (175ml £3.30 / bottle £13.45) to a good house chardonnay (Moondarra Semillon 175ml £2.30 / bottle £8.95) as well as monthly offers such as cocktails for £4.50 and shooters £2.50.

The Belfry also offers a good range of reasonably priced food including soup (£2.45), sandwiches (£4.50), main courses (around £5-6) as well as traditional and vegetarian breakfasts at the weekend (£6).

The Golf Tavern

Gone are the days of gents in plus fours popping into the nineteenth

hole for a snifter to chat about their swing. The Golf Tavern is now a mecca to all things sporting; recreational or otherwise. Before you sniff, it has to be said that the Golf's recent makeover is no half-hearted attempt at a theme pub – this is one slick bar.

Arranged on two floors, the ground-floor bar still attracts putters from The Meadows to drink at its

Gone are the days of gentlemen in plus fours popping into the nineteenth hole for a snifter to chat about their swing.

huge central bar skirted by intimate tables. Upstairs there is another large bar area, with more an intimate set-up, with tables to the front and a back area with capacious leather sofas and candle-lit tables.

However, The Golf is primarily a sports bar with plasma screens throughout both bars, affording excellent views of major sports events from satellite TV and cable channels.

With its extensive menu, the tavern makes a good lunch venue too – offering everything from steaks and burgers to mussels, salmon and salads. There are also plenty of vegetarian options with starters costing around £3, soup for £2.45, main courses at a reasonable £6-7. Wine ranges from £10 to £15 a bottle, with shooters £2.25 and pitchers of cocktails at £12.50 aimed at attracting the younger crowds.

The Merlin

The Merlin is now a Morningside institution despite appearing in many guises over the years. Set back from Morningside Road with a small beer garden front and back, this glass-fronted '60s edifice is proving fashionable and adaptable as ever.

In its current incarnation, The Merlin is as slick and modern drinking and eating experience as you get. The cavernous downstairs bar is separated into four distinct areas – a front-facing internal terrace lined

with sofas, a central non-smoking eating area, a back wall of smoking-permitted booths and a bar area with pool tables and a rear deck.

Throughout, the muted decor and soft lighting create a contemporary, informal atmosphere for quiet lunches or evening drink. The large bar area can also accommodate the busy Friday and Saturday night crowds without feeling too cramped. The Merlin also houses a similarly sized upstairs function suite that aims to provide the same levels of attentive service and quality of food as the downstairs bar and eatery.

Notably, the food is as light and contemporary as the surroundings with starters and wraps priced at £3-4, burgers for around £5 and an excellent selection of main courses for £6-10 – with a laudable selection of well-planned vegetarian options.

The Canny Man's

In the old days, The Canny Man's was a meeting place for carters and rifle club members, known as The Volunteer Arms. These days, it is more like The Reform Club, shunning its humble roots, disdaining passing traffic and relying on its huge contingent of regular luncheoners, tipplers and evening diners and drinkers.

A handsome villa hemmed in by tenements, shops and traffic, this pub is a unique EH10 experience and a bit of a local treasure. Inside you will find two rooms adorned by anti-quarian knick-knacks, framed Victoriana, magnums of champagne tainted by the faint aroma of cigar smoke and oysters.

These days The Canny Man's is more of an eatery than a pub, catering to high rollers, well-heeled locals, business lunchers and more serious foodies in the early evening. This place used to shun non-regulars but these days caters to passing traffic, usually in the bar and the attractive beer garden which is an informal, enclosed area adorned with flowers and old advertising hoardings and well-spaced tables providing seating for up to 30 people.

Food and service are excellent and it is possible to have an inexpensive lunch or a blow-out on a special occasion. House wine starts at £10.65 a bottle but you can sample from an

extensive list of vintages with prices reaching £30-169 for champagne and up to £350 for claret! Starters include soup, salmon, prawns and caviar priced at £3-7. A smorgasbord is available for £5-7 for lunch and dinner with an astonishing selection of no less than 100 variations of open sandwiches. Crab, oyster, lobster, mussel and tiger prawn plates are all on the menu ranging from £7-11.

Bennet & Sons

While the Canny Man's delivers fine dining and professional courtesy, pop round to Bennets for some authentic drinking with the Morningside locals. Barely meddled with since the 1960s, its somewhat unwelcoming exterior belies an old-style, social pub replete with dark paint, naugahyde benches and pine-effect panelling.

Don't be fooled into thinking this is just an old man's pub, the banter is as engaging and broad-ranging as their selection of drinks. This is a free house and hosts a fine selection of real ales and whisky.

Prices undercut The Canny Man's £3 mark by miles for beer, as do Bennets selection of whiskies – someone with a sensible mind has obviously chosen these. Try the 10-year-old Ardbeg or a special Fettercairn, Glenfiddich or Knockando.

You can buy pickled eggs, rolls and cockles if you're feeling peckish and pipe tobacco and rizlas if not.

Surprisingly, Bennets is not as smoky as the Canny Man's can be and there's a couple of tables outside if it gets too much.

The Waiting Room

Situated near Morningside Station, The Waiting Room retains few links with its historical past. A modern building with a modern atmosphere, The Waiting Room is a roomy glass-fronted bar that caters mainly to the under 30s crowd.

While The Waiting Room is not particularly intimate, it does offer a good place to have some food and drink and watch everyone go about their business. Bottles of wine cost £10-16, cocktails are £8.50 a pitcher or £3.50 a glass and there are plenty of food and drinks promotions on offer to make it worth a visit (see back page for details).

The Hermitage

The Hermitage Bar commands Morningside's best spot – on the crossroads between Comiston Road, Braid Road and Morningside Road. It does a good trade in passing traffic and is showing some success since its revamp two years ago.

A glass-fronted, semi-circular bar with good views all round, The Hermitage is a voyeur's paradise, with tables outside (weather permitting) and excellent Victorian features. Quieter mid-week than at weekends, it is an excellent spot for a few drinks.

For details of offers and events in EH10 see the back page or check online at www.eh10.co.uk.

Calum Gordon is a freelance Edinburgh-based journalist.

LISTINGS

The Auld Toll
37-39 Leven Street
Tel: 229 5143

Bennets
8 Leven Street
Tel: 229 5143

Bennet & Sons
1 Maxwell Street
Tel: 447 1903

The Belfry
1-3 Barclay Place
Tel: 221 0291

The Canny Man's
237 Morningside Road
Tel: 447 1484

The Golf Tavern
30 Wright's Houses
Tel: 221 5221

The Hermitage
1-5 Comiston Road
Tel: 447 1205

The Merlin
168-172 Morningside Road
Tel: 447 4329

The Waiting Room
7 Belhaven Terrace
Tel: 452 9707

Spam Busters

With new computer viruses appearing daily and spam on the increase, the internet is a dangerous place. EH10 finds out how you can protect your home PC from invasion and surf the net without fear.

From the blaster worm to spam, home PC users are under constant threat of attack every time they venture into cyberspace. You never know when you may be at risk from viruses, hackers and identity thieves who may be using spyware, browser hijackers, viruses, Trojan horses, worms and spam to infiltrate your computer.

The only way to make your computer completely secure is to turn it off or disconnect it from the internet: hardly a practical solution. So, the real issue is how to make your computer as secure as possible when it is connected.

The first way to protect your home PC is to check regularly to see if there are any new Windows Updates available. Here's how: from the 'start' menu (on the bottom left-hand icon on your Windows screen) click on the Windows Update icon when you have accessed the internet, where it will directly lead you to the Microsoft site. The Microsoft site will then scan your PC for any viruses or operational problems and will recommend that you download the latest patches through a series of easy-to-understand prompts. You should do this every week or so to keep an eye on the health of your PC or Mac as a matter of course. Windows XP should automatically have Update installed and running.

One of the best ways of securing a Windows PC is to stop using Outlook and Internet Explorer – many of the windows attacks have been

through flaws in these programs. Instead, you could use Netscape, Opera or Mozilla to browse the internet.

Microsoft, Norton and other anti-virus software keeps an eye out for your computer's overall safety by scanning files, disks and software to make sure it's safe before you download and install it.

A personal firewall makes your computer's online presence more difficult for hackers to detect or infil-

The only way to make your computer completely secure is to turn it off or disconnect it from the internet.

trate. If you have a new PC or are running Windows XP, you'll probably find that there is one in existence or you can set one up easily.

Search-and-destroy software such as Ad-Aware, Spybot and Spy Sweeper can be used to rid your computer of unwanted spyware and trojans, but like anti-virus software they have to be kept up to date to be effective.

If you are worried about mounting costs then look out for internet security freeware. This is software that you can download from the internet free-of-charge. You may not be able to get the best for free but there is good freeware available to help you deal with many internet security needs such as the free version of Ad-Aware 6.0 and ZoneAlarm from Zone Labs.

If a Windows PC has a particularly bad case of popups and trojans, it might be worth paying a professional to clean it up and make it secure. At least that way, you know you're starting from the right place.

JARGON KEY

Trojan Horses open your PC from inside for attackers. Once a trojan is installed, someone can get full control over your computer. In most cases, trojans come via email on the computer.

Dialers are little programs, which reconfigure your dial-up default number to a premium rate number if you have a computer with a dial-up connection.

Worm-Viruses are emails with harmful attachments that, if opened, send themselves to other computers and damage your system.

Spyware is software designed to infiltrate your computer and collect personal details. They can also change your default home page settings in your browser.

Adware is spyware that is included in programs as plug-ins to show adverts. Besides showing ads, it collects information about the user without being asked and sends the information to a central server.

A **hijacker** takes over other programs to use their rights or change their behaviour. They manipulate browser searches and home page default settings or redirect specific website requests to other web servers.

Popup Trojans are spyware programs that infiltrate your system and annoy you with popup ad windows and messages.

SOFTWARE DOWNLOADS

www.mcafeestore.com
www.symantecstore.com
www.zonelabs.com
www.cnet.com
www.opera.com
www.mozilla.org

Visit our website for direct links to these sites
www.eh10.co.uk/technology

cngn dynamic websites

website: www.cngn.co.uk
 email: info@cngn.co.uk

cngn produce beautifully-designed, dynamically-enabled websites that your company can develop and update themselves, allowing you to control your website development and its associated costs.

Take the High Road

Sightseeing in Scotland has never been more of a pleasure for the car driver. Calum Gordon takes a classic Porsche for a spin in the Trossachs.

On a glorious Sunday morning I set out from Edinburgh travelling west to the Kincardine Bridge and then north to the Kingdom of Fife.

I had arranged to meet Sandy Stewart, proprietor of Caledonian Classic Car Hire at his home in Clackmannanshire. Sandy, a native of Tillicoultry, set up his classic car-hire business two years ago on returning to Scotland after living in the Far East for over ten years. I found Stewart outside his home, Kennels Cottage, a small bed and breakfast nestling in quiet private gardens near Dollarbeg.

The car I had chosen was waiting for me in the driveway, a pale blue 1972 Porsche 911E fitted with the legendary 6 cylinder 2.4 mechanical fuel injected engine with manual transmission. Sandy sourced the car while living in Hong Kong and shipped it back to Scotland as the first car in his fleet, an impressive line-up

that now includes an E-type Jaguar, an MGB roadster, a Jensen Healey and a Volkswagen Karmann Cabriolet amongst others.

I was keen to get started but Sandy carefully went over the workings of the car and gave me some information about the area. Since I only had the car for one day and had mentioned going to the Trossachs, Sandy suggested I follow his blue route from Kennels Cottage to Oban, a journey of 94 miles. The trip takes in the Wallace Monument, Stirling Castle, Bannockburn, Doune Castle, the Trossachs Visitors Centre, Glen Lochy, Inverawe Fisheries and Smokehouse and finally on to the Oban Museum.

Once over the preliminaries, I was pulling out of Kennels Cottage driveway with a full tank of petrol and a full day's driving ahead of me.

From Dollarbeg I drove south to Clackmannan before heading west via Stirling through the splendour of the Trossachs to the west coast. Helped by a beautiful summers day, the Porsche drove like a dream and felt it all the more enjoyable to be

on the receiving end of admiring glances from tourists and locals alike. The torquey engine was tuned to give fine performance and the suspension set-up of this 70's supercar made it a pleasure to flick through the corners and winding lanes around the lochs



and glens of this stunning part of Scotland, before taking in the fine views of the west coast and Oban in the late afternoon.

Call Sandy Stewart on 1259 742 476 or visit www.caledonianclassics.co.uk for more details.

Calum Gordon is a freelance Edinburgh-based journalist.

Kennels Cottage



Relax and unwind at Kennels Cottage bed and breakfast where you will find an oasis of calm in the midst of secluded private grounds.

As well as beautifully furnished en-suite rooms, there is also a guest sitting room with an open fire, a reading area and lovely views across the gardens. We pride ourselves on being relaxed and attentive, ensuring your stay is a memorable one.

We are surrounded by spectacular countryside ideal for outdoor pursuits such as walking, cycling,

CALEDONIAN

CLASSIC  CAR HIRE

horse riding, golf and even off-road driving.

For the less energetic we offer The Scotland Experience – a classic sports car rental package – a unique two-day break that allows you to discover some of the most breath-taking scenery Scotland has to offer while driving a true classic sports car.

Our tailor-made tour takes you along open coastal roads, past castles and through many historic towns and picturesque villages.

The Scotland Experience pack-

age starts from £299 based on two people, two days / one night stay inclusive.

www.caledonianclassics.co.uk
www.guesthousesScotland.co.uk



Tel: + 44 (0) 1259 742 476 / Fax: +44 (0) 1259 743 716 / Email: alexstew@aol.com

OFFERS

The Merlin
168-172 Morningside Road
 Thur - 2 cocktails for £5.

Mon - 2 meals for the price of 1, from 6-10pm.
 (Applies to main plates only, highest price meal charged.)

The Golf Tavern
30 Wright's Houses
 £1.95 for Barcardi Breezer, Jack Daniels, Vladivar, Miller, Gordon's, Morgan's Spiced and Stella Artois - daily 2-9pm.

Receive a complimentary pint of Guinness, a Bloody Mary or a Virgin Mary when you order a Scottish, vegetarian or American breakfast, Sat & Sun, 10am-7pm.

The Waiting Room
7 Belhaven Terrace
 2 breakfasts for £8, Mon-Fri 10am-12pm.
 Shooters 2 for 1 on Fri & Sat.
 House wine £5.95 4-8pm.
 Tequila 2 for 1 on Thurs.
 Large nachos & wine £10 all week.
 Sol £2 a bottle on Thur.
 Mexican night on Thur.

OFFERS

Bottoms Up
124-130 Bruntsfield Place
 10% discount when you mix and match 6 bottles of wine (some exclusions apply).

Coco
174 Bruntsfield Place
 Free tea or coffee. Buy 7 hot drinks and get the 8th free. Cards available from Coco.

Cockburns Wine Merchants
382 Morningside Road
 Buy 12 bottles of wine (selected lines) and get the cheapest 2 free or, if you don't need a whole case, join the free wine club and receive 10% off a bottle of wine.

Abdul's Indian / Bangladeshi Take Away
22 Comiston Road
 10% discount for students

I J Mellis Cheesemonger
330 Morningside Road
 Thur - 10% discount for pensioners - cheese, cold meats and bacon counter.

The King's Bar
69/74 Bruntsfield Place
 3 for 2 drinks with Snapfax.

EVENTS

Pub Quiz Nights

The Auld Toll - Tues 8.30pm
 37-39 Leven Street
The Golf Tavern - Wed 8pm
 30 Wright's Houses
The King's Bar - Sun 8.30pm
 69/74 Bruntsfield Place

Live Music

The Auld Toll - live jazz every Sat, 9pm, 37-39 Leven Street
Cafe Grande - live jazz every middle and last Sun, (10 & 24 Oct) 8.30pm, 184 Bruntsfield Place

Church Hill Theatre Morningside Road

The Merry Monks of Cambusdonald
 Wed 29 Sep - Sat 2 Oct
 Tel: 0131 668 2019
 www.ept.org.uk

You Can't Stop The Beat
 Thur 7 Oct - Sat 9 Oct
 Tel: 0131 441 7617
 www.allegromusical.co.uk

La Vie Parisienne
 Wed 13 Oct - Sat 16 Oct
 Tel: 0131 229 6569
 www.gramary.co.uk/camerata.html

The Show of 2004
 Thur 28 Oct - Sat 30 Oct
 Tel: 0131 661 2411

Cockburns Wine Merchants
382 Morningside Road
 Wine tasting on Thursday 4th November, 5.30-8.30pm at the Braid Hills Hotel, Braid Road. Tickets £5 available for sale in store or phone 0131 446 0700 (ticket price redeemable against purchase of one or more mixed cases of wine).

cngn dynamic websites

cngn produce beautifully-designed, dynamically-enabled websites that your company can develop and update themselves, allowing you to control your website development and its associated costs.

website: www.cngn.co.uk email: info@cngn.co.uk

EH 10

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